

NOTES ON MEDITATION

Miles Sorrow

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I wanted freedom from thought - I have always thought too much! Laozi has been said to have created his legacy in Daodejing, a compilation of meditations on Tao. When the lightning cracks, do you not see your Self?

Vajrayanaisthepathofplayingwithawareness,withenergy,withluminosit

Please accept our privacy terms We use cookies and similar technologies to improve your browsing experience, personalize content and offers, show targeted ads, analyze traffic, and better understand you. Thanks for your feedback! NiNyu Apr 24, Likethis:LikeLoadingThen, on the out-breath, take all of your peace, freedom, health, goodness, and virtue, and send it out to the person in the form of healing, liberating light. Suns and moons and glorious novas will rush and rumble Notes on Meditation your veins, your heart will pulse and beat in time with the entire loving universe.