

BACKPACKING AT AN OLDER AGE

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10 reasons, why you are never too old to go backpacking | Travel Steps

However, hosteling is now for all ages and I expect you will find more older folks . I have met seniors older than myself, solo travelers, young adults & families.

Backpacking In One's 40s Or 50s | Idle banter travel forum

Tom K. and I initiated an e-mail discussion about concessions older backpackers might have to make to continue backpacking as they age.

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"Older backpackers"-What concessions are you willing to make as you age? - Backpacking Light

You might be There are entire families out there who are still backpacking. There are old-age pensioners doing this stuff. And that's great.

What a 74 Year Old Man Can Teach Us About Backpacking - Why Wait to See the World?

At age 5, I flew from Boston to Buffalo on a prop jet and decided that I . I always think it was cool to see older travelers backpacking the world.

Fitness Special—Hike Forever: Age 65 & Up - Backpacker

Also true: "Walking and moving around is the single most important thing older people can do to extend their life

expectancy and remain.

Exercise Advice for Aging Hikers - Section Hikers Backpacking Blog

But if you are, then the age is not a factor. The greatest thing about being an "older" backpacker is that I have a bit more disposable income.

Backpacking after 50 | Older Travellers - Lonely Planet Forum - Thorn Tree

My only option was independent travel - the stuff that backpackers do. For the same price that most people my age would spend on 3 weeks travel. Lis writes about independent travel at her site for the older backpacker.

Related books: [Jade Shampoo \(B\)](#), [A Model for Work-Based Learning](#), [Tourism and nation-building in South Sulawesi: Tourism promotion as threat for national unity?](#), [Sospetti e segreti \(Italian Edition\)](#), [Peter Pan \(El cuento de Peter Pan en Español\) \(Spanish Edition\)](#), [Study Guide For A Wrinkle In Time: A Novel Literature Unit Study and Lapbook](#), [bright darkness - strahlende Dunkelheit \(German Edition\)](#).

Given your extensive time in India I would imagine that you would have no problems organising things for yourself once in SEA. The oldest backpacker I came across with was in her mid 80's.

It has allowed me to meet new people in small villages, stay in places longer, and
In Nov. I meet the most interesting people both older and younger than I am at 59 and I find it incredibly stimulating to spend time with new friends.
Bravo to Sherrill for finding a way to really enjoy life after raising a family
are you traveling the world?